

# Useful Tips to stay safe and healthy when you travel next time

Here are the 10 best travel tips that can ease you to enjoy a healthy, stress-free, and safe travel adventure:



- 1. Do your research before you travel
- 2. Visit your doctor before traveling
- 3. Keep an eye on your Luggage
- 4. Protect your passport
- 5. Travel insurance
- 6. Manage your money
- 7. Take your medicines
- 8. Eat and drink safely
- 9. Always select a valid travel agency
- 10. Emergency info at hand