

# Packing List for a Minimalist Business Trip

When you make a conscious effort to pack minimally, you experience so much freedom on your business trip because you're not pulling around a huge suitcase. Worry about your work, not what you packed! Here's what absolute essentials to include on your minimalist business trip packing list. [Hot tip: Copy/save this list and customize by adding new items and replacing others!]



## Toiletries

- ☐ Essentials: Shampoo + conditioner (unless hotel has good stuff), face wash, face lotion, comb, floss, toothpaste, toothbrush, deodorant, q-tips, razor, nail kit, spare contacts + contact solution, kleenex, menstrual cup
- ☐ Minimalist makeup kit - <https://herpackinglist.com/the-low-key-travelers-beauty-kit/>
- ☐ Medical kit - Band aids, aspirin, Imodium, etc.

## Electronics

- ☐ Laptop
- ☐ Phone
- ☐ Chargers
- ☐ Book, Nook, or Kindle

## Clothing

- ☐ 1 Suit skirt and jacket
- ☐ 1 Pair jeans
- ☐ 1 Cardigan

- ☐ 1 Workout outfit
- ☐ Scarf
- ☐ 1 Sleep outfit
- ☐ 1 Pair of tennis shoes
- ☐ 1 Pair of flats <https://herpackinglist.com/tieks-ballet-flats/>
- ☐ 1, 2, or 3 Dress shirts
- ☐ 1 Pair underwear for each night

## Miscellaneous

- ☐ Packing cubes <https://herpackinglist.com/how-to-use-packing-cubes/>
- ☐ Water bottle <https://herpackinglist.com/traveling-reusable-water-bottles/>
- ☐ Jewelry - To dress basic outfits up.
- ☐ Travel coffee mug
- ☐ Notebook + pens

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